



Signature Selections

These selections are our chef-prepared **Signature Items** available for residents to order for **Lunch or Dinner** every day.

Roast Beef Platter

Fork-tender, slow-roasted beef with seasoned au jus and garlic mashed potatoes. Served with a steamed vegetable medley, seasonal fruit cup & oven-baked dinner roll.

Grilled Ham Steak

Plump smoked ham cutlet seared in Asian-infused citrus glaze. Served with garlic mashed potatoes, steamed vegetable medley, seasonal fruit cup & oven-baked dinner roll.

Chicken Broccoli Fettuccini Alfredo

Tender grilled chicken strips and steamed California broccoli tossed with fettuccini noodles in a creamy, homemade alfredo sauce. Served with a seasonal fruit cup and oven-baked dinner roll.

Taco Salad

Seasoned Mexican ground beef crumbles over crisp lettuce with diced garden tomatoes, black olives, sliced red onion, shredded cheddar cheese, and fresh sour cream. Served in a flaky, crisp, baked tortilla bowl and a seasonal fruit cup.

Daily Special: Chef's Choice



Anytime Menu

Our **Anytime Menu** is available to our residents during **Lunch or Dinner** 7 days a week. All entrees are served with your **Choice of Pasta Salad, Potato Salad, or Potato Chips** and a **pickle spear**.

Grilled Cheese

Grilled white or wheat bread filled with melted American cheese. Add our thinly sliced smoked ham to make a **Grilled Ham & Cheese**.

Deli Sub

A bakery hoagie filled with sliced smoked ham, turkey, American and Swiss cheese, lettuce, tomato, red onion, and mayo.

BLT

Toasted white or wheat bread filled with hickory-smoked bacon, garden fresh tomato, crisp lettuce, and mayo.

Cheeseburger

Grilled and seasoned ground beef patty on a bakery bun topped with melted American cheese and served with lettuce, tomato, and onion.

Clubhouse Sandwich

Triple-decker toasted sandwich filled with smoked ham and turkey, bacon, lettuce, tomato, and mayo.

Soft Taco Plate

Two soft flour tortillas filled with seasoned ground beef, shredded cheddar cheese, lettuce, tomato, and black olives. Served with fresh sour cream.

Hot Dog

Quarter-pound all-beef frank served on a bakery bun and accompanied with your choice of condiments.

Grilled Chicken Sandwich

House-seasoned grilled, boneless chicken breast served on a bakery bun and topped with lettuce, tomato, and onion.

Beef & Cheddar

Fork-tender roast beef on a bakery bun with melted cheddar cheese. Served with a side of BBQ sauce.

Daily Special: Chef's Choice



Sunrise Continental Breakfast

Our **Sunrise Continental Breakfast** offers our residents a wide variety of excellent choices for a daily breakfast to start each day off right.

White, Wheat, or Raisin Toast

Fresh baked bread and home style jams and jellies make even a few simple slices of toast a wonderful addition to breakfast.

Assorted Hot & Cold Cereals

From the classic breakfast selections our residents grew up with to a warm bowl of hearty oatmeal, when it comes to cereals – hot or cold – we offer a wide selection.

Fresh Fruit of the Day

Whether bananas, oranges, apples, or grapes, if it's fresh and in season it will be on our breakfast table.

Buttermilk Waffles

A hearty feast, our distinctive buttermilk waffles are a great choice for residents wishing to start their day off with a big breakfast.

Blueberry Pancakes

Fresh-off-the-griddle homemade pancakes with fresh blueberries make for a delicious start to the day.

Scrambled Egg & Sausage Breakfast Burrito

Farm fresh eggs with savory sausage folded into a fluffy omelet starts your morning on a delicious note.

Coffee, Tea, and Milk

Orange, Cranberry, and Apple Juice