



Resident Activities Calendar | January 2018

202 North Street East - Elmore, MN 56027 – 507.943.3333 - sunflowercommunities.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:00 Morning Stretch 10:00 Manicure Monday 3:00 Social Hour	2 9:00 Morning Stretch 1:00 Music Therapy 3:00 Social Hour 6:30 Puzzles	3 9:00 Morning Stretch 2:00 Craft Hour 3:00 Social Hour	4 9:00 Morning Stretch 10:00 Ring Toss 3:00 Social Hour 6:00 Music Therapy	5 9:00 Morning Stretch 2:00 Wacky Bowling 3:00 Social Hour	6 9:00 Morning Stretch 1:00 Reminiscent Group 3:00 Social Hour
7 9:00 Morning Stretch 11:00 Weekly News Highlights 3:00 Social Hour	8 9:00 Morning Stretch 10:00 Manicure Monday 3:00 Social Hour	9 9:00 Morning Stretch 1:00 Music Therapy 3:00 Social Hour 6:30 Puzzles	10 9:00 Morning Stretch 2:00 Craft Hour 3:00 Social Hour	11 9:00 Morning Stretch 10:00 Ring Toss 3:00 Social Hour 6:00 Music Therapy	12 9:00 Morning Stretch 2:00 Bean Bag Toss 3:00 Social Hour 7:00 movie Night	13 9:00 Morning Stretch 1:00 Reminiscent Group 3:00 Social Hour
14 9:00 Morning Stretch 11:00 Weekly News Highlights 3:00 Social Hour	15 9:00 Morning Stretch 10:00 Manicure Monday 3:00 Social Hour	16 9:00 Morning Stretch 1:00 Music Therapy 3:00 Social Hour 6:30 Puzzles	17 9:30 Morning Stretch 2:00 Craft Hour 3:00 Social Hour	18 9:00 Morning Stretch 10:00 Ring Toss 3:00 Social Hour 6:00 Music Therapy	19 9:00 Morning Stretch 2:00 Wacky Bowling 3:00 Social Hour	 20 9:00 Morning Stretch 1:00 Reminiscent Group 3:00 Social Hour
21 9:00 Morning Stretch 11:00 Weekly News Highlights 3:00 Social Hour	22 9:00 Morning Stretch 10:00 Resident Council 3:00 Social Hour	23 9:30 Morning Stretch 1:00 Music Therapy 3:00 Social Hour 6:30 Puzzles	24 9:00 Morning Stretch 2:00 Craft Hour 3:00 Social Hour	25 9:00 Morning Stretch 10:00 Ring Toss 3:00 Social Hour 6:00 Music Therapy	26 9:00 Morning Stretch 2:00 Bean Bag Toss 3:00 Social Hour  Movie Night	27 9:00 Morning Stretch 1:00 Reminiscent Group 3:00 Social Hour
28 9:00 Morning Stretch 11:00 Weekly News Highlights 3:00 Social Hour	29 9:00 Morning Stretch 10:00 Manicure Monday 3:00 Social Hour	30 9:00 Morning Stretch 1:00 Music Therapy 3:00 Social Hour 6:30 Puzzles	31 9:00 Morning Stretch 2:00 Craft Hour 3:00 Social Hour			

Please see the **Daily Activities Posting** in your Sunflower Community neighborhood for locations. Activities and times are subject to change and a staff member will inform you of those changes.