

You're Invited To...

A FREE CEU Presentation &
Lunch Sponsored by



Nagel Assisted Living

Where You Love To Call Home

Identifying & Preventing

Substance Abuse in Seniors

This event is part of our monthly

2018 SENIOR CARE INSIGHTS
CONTINUING EDUCATION SERIES

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Social Workers & Nurses - Earn 1 HOUR FREE CEU Credit!

According to recent research by John Hopkins Medical School, the **number of seniors abusing prescription drugs and alcohol is expected to increase 190% from 910,000 in 2001 to 2.7 million people by 2020.** Clearly, substance abuse among seniors is at epidemic proportions, but what can those who care for older adults do to identify and prevent this rampant misuse of controlled substances? What are the warning signs to look for in elderly patients and clients facing these struggles? **New research and information is now available that could dramatically affect how senior care workers help older adults avoid becoming victims of substance abuse.** In this interactive and practical session, participants will learn:

- How to integrate two self-screening tools to determine substance abuse risk with the seniors they work with
- New ways to identify signs and symptoms of problem drinking for seniors
- Local treatment options available for seniors dealing with substance abuse

Thur., Feb. 22

11:30am – 1:00pm

**Nagel Assisted Living
& Memory Care**

**232 South Elm St.
Waconia, MN 55387**

Lunch Included!

About the Presenter...



Karissa Flies, MSW, LGSW, Director of Clinical Operations, Complete Care Group

Karissa graduated from Minnesota State University, Mankato with a Bachelor of Science in Psychology and completed her Masters of Social Work (MSW) from the University of Minnesota. Karissa has worked in a variety of social service and medical settings most frequently with adults and elders. She also has extensive experience working with seniors facing the challenges of substance abuse and their families. In her role with Complete Care Group she leads a team that provides care coordination services for senior communities across the Twin Cities and most recently into southern MN.

Register by Tues., Feb. 20 – Online at: sunflowercommunities.org/CEU

For more info, call us at 763.267.6658 or email us at nagel@sunflowercommunities.org