






Resident Activities Calendar | October 2019

202 North Street East - Elmore, MN 56027 – 507.943.3333 - sunflowercommunities.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:00 Morning Stretch 2:30 Social Hour 6:30 Cards	2 9:00 Morning Stretch 2:30 Social Hour/Crafts Heather	3 9:00 Morning Stretch 2:30 Social Hour 7:00 Movie Night	4 9:00 Morning Stretch 11:00 Legacy Rehab 2:30 Social Hour/Crafts Heather	5 9:00 Morning Stretch 1:00 Games-Residents Choice 2:30 Social Hour
6 9:00 Morning Stretch 11:00 Weekly News Highlights 2:30 Social Hour	7 9:00 Morning Stretch 10:00 Manicure Monday 2:30 Social Hour	8 9:00 Morning Stretch 10:00 Phase 10 2:30 Social Hour	9 9:00 Morning Stretch 2:30 Social Hour/Crafts with Heather	10 9:00 Morning Stretch 7:00 Movie Night 	11 9:00 Morning Stretch 11:00 Legacy Rehab 2:30 Social Hour/Crafts Heather	12 9:00 Morning Stretch 1:00 Games-Residents Choice 2:30 Social Hour
13 9:00 Morning Stretch 11:00 Weekly News Highlights 2:30 Social Hour	14 9:00 Morning Stretch 10:00 Pumpkin Painting and Halloween Decor 11:00 Legacy Rehab 2:30 Social Hour	15 9:00 Morning Stretch 10:00 Bingo 2:30 Social Hour	16 9:00 Morning Stretch 2:30 Social Hour/Crafts Heather	17 9:00 Morning Stretch 2:30 Social Hour 7:00 Movie Night	18 9:00 Morning Stretch 11:00 Legacy Rehab 2:30 Social Hour/Crafts Heather	19 9:00 Morning Stretch 1:00 Games-Residents Choice 2:30 Social Hour
20 9:00 Morning Stretch 11:00 Weekly News Highlights 2:30 Social Hour	21 9:00 Morning Stretch 10:00 Resident Council 11:00 Legacy Rehab 2:30 Social Hour	22 9:30 Morning Stretch 10:00 Phase 10 2:30 Social Hour	23 9:00 Morning Stretch 2:30 Social Hour/Crafts Heather	24 9:00 Morning Stretch 2:30 Social Hour 7:00 Movie Night** 	25 9:00 Morning Stretch 11:00 Legacy Rehab 2:30 Social Hour/Crafts Heather	26 9:00 Morning Stretch 1:00 Games-Residents Choice 2:30 Social Hour
27 9:00 Morning Stretch 11:00 Weekly News Highlights 2:30 Social Hour	28 9:00 Morning Stretch 10:00 Halloween candy decorating 11:00 Legacy Rehab 2:30 Social Hour	29 9:00 Morning Stretch 10:00 Bingo 2:30 Social Hour	30 9:00 Morning Stretch 2:30 Social Hour/Crafts Heather	31 9:00 Morning Stretch 10:00 Pet Costume Contest 2:30 Social Hour 7:00 Movie Night 		

Please see the **Daily Activities Posting** in your Sunflower Community neighborhood for locations. Activities and times are subject to change and a staff member will inform you of those changes.