



## OUR PHILOSOPHY

### Life Should Be Shared in a Community.

We founded **Sunflower Communities Assisted Living & Memory Care** with one goal in mind: to create a community that encourages closer connections, fosters stronger relationships, and promotes a more vibrant way of life for each of our residents. We believe:

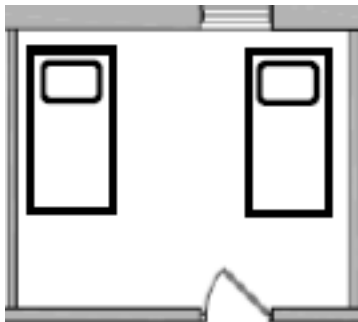
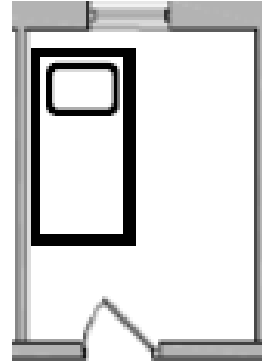
- **Shared Spaces Promote Safer Living** – Our community is designed for resident safety, increased interpersonal interaction, and daily engagement. Companion bedroom options are available to those who would prefer the company of other individuals. Our community bathrooms offer an opportunity for community oversight and provide enhanced safety for each of our residents.
- **Community Dining Options Promote Connections** – We believe relationships are built and deepened when we break bread together. Enjoying restaurant-style meals and great conversation in our common dining rooms is fundamental to our health as a community.
- **Community Activities Promote Relationships** – Our residents have the opportunity to be active members of our community on a daily basis. From bingo to on-site spiritual services, our aim is to provide a variety of engaging and interactive community programs to ensure our residents stay as active as they prefer each day.

As you tour, you'll discover the difference our Community Living Philosophy makes in the lives of our residents and our community as a whole.

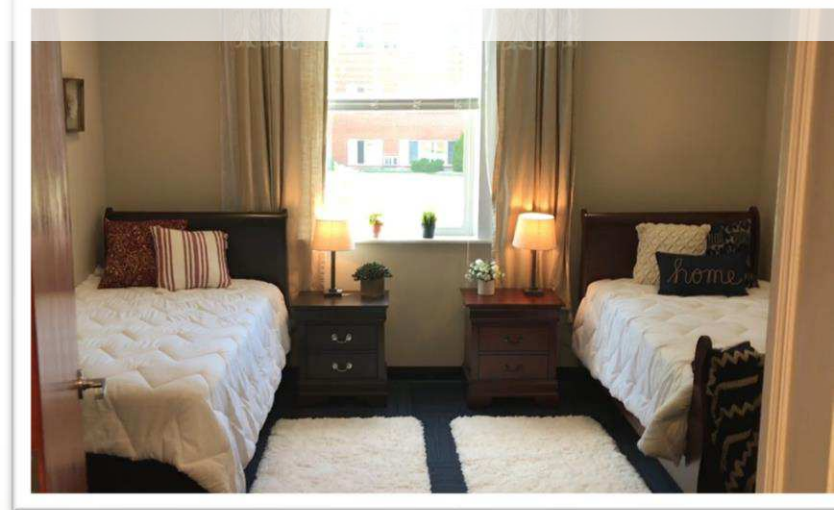


## ROOM OPTIONS

### Single Occupancy Rooms



### Companion Rooms



**Triple Occupancy Rooms** are an option in our Nagel Assisted Living community.

At Sunflower Communities we work closely with residents, families, and case managers to find the right room option based on individual needs.



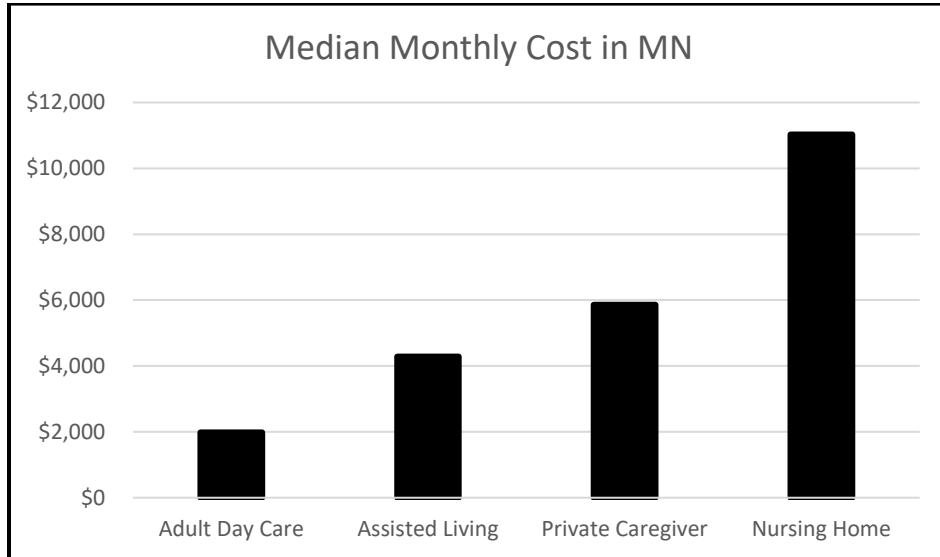
# Nagel Assisted Living

Where You Love To Call Home

## CALCULATE THE COSTS

### For a Higher Level of Care.

The costs of long-term care have sky-rocketed in the United States and the time has come for families to have more options when it comes to providing quality care for their loved ones. It is important to understand your choices when it comes to long term care, and the costs associated with each setting.



Data Taken from 2020 Genworth Financial Cost of Care Report

Our communities were founded with the goal to **provide a higher level of care for residents** than most assisted living communities while **keeping prices well below nursing homes**. We accomplish this through the following:

- **Strong Nursing Representation** with our RN & LPN staff
- **Higher Care Attendant Presence** in all areas of our community
- **All Care Attendants are CNA Certified** to ensure a consistent, high level of care
- **Meaningful Programming** to help residents live healthy lives from the inside out
- **Secured Memory Care Unit** to ensure the best care for residents with memory loss

### Your Estimated Monthly Costs

MONTHLY RENT	\$ _____
+ CARE LEVEL	\$ _____
+ MEAL PLAN	\$ _____
+ ADDITIONAL SERVICES	\$ _____
MONTHLY TOTAL <i>(estimate only)*</i>	\$ _____

\*This total is for estimate purposes only and is subject to change. You will be meeting with a nurse to determine the services you need and want. Other charges may apply.

August 2021. All prices & service offerings subject to change.







## RENTAL OPTIONS

### Monthly Rent

#### APARTMENTS

- Single Occupancy
- Double Occupancy

#### Your monthly rental fee includes:

- Shared baths with towels provided
- All utilities except telephone
- Television in your room with cable
- Wi-Fi / internet
- Shared community spaces & dining rooms
- Private or semi-private bedroom
- Daily snacks & coffee
- Daily leisure activities & educational programming
- Weekly Light Housekeeping
- Weekly Laundry (up to 3 loads)
- 24 hour on-site staff
- Use of on-site emergency call system
- Personal mail delivery
- 1 group transportation trip per week

### Customized Levels of Care

Along with monthly rent and food plan, **each resident will also be assigned a customized level of care.** Because we're focused on serving high-needs assisted living and memory care residents, these care levels provide the value families are looking for paired with the care that residents need. These convenient care levels allow residents and their families to:

- **Plan for monthly care costs** versus being surprised by mounting ala carte care expenses
- **Provide increased care as needed** with designated hours per month available for personalized Care Attendant Visits
- **Seamlessly transition from Assisted Living to Memory Care** should this be necessary

The care level for each of our residents is determined by a complete assessment of their level of need by our nurse.

August 2021. *All prices & service offerings subject to change.*



# CARE LEVELS

The level of care provided to residents of Sunflower Communities is determined in an initial assessment by a licensed nurse and is regularly reviewed to ensure each resident is getting the quality services to meet their individual needs.

### All service packages include

- Medication Management
- Blood Pressure Checks (up to 1 per day)
- Therapy Maintenance Program
  - Hours incorporated into Care Attendant monthly hours
- Weights (up to 1 per day)
- Daily Wellness Checks

### Package Levels

Level	<i>Hours per Month</i>	
	Care Attendant	Nursing
1	15	12
2	30	14
3	45	16
4	60	18
5	75	20
6	90	22
7	105	24
8	120	26
9	135	28
10	150	30

### Additional Services

- Therapy Maintenance Program
- Diabetic Care
- Dementia Care
- Insulin/Other Injections (not including B12)
- Catheter Care
- Colostomy Care
- Respiratory Management (O2 and Nebulizer)
- Blood Glucose Checks
- Coagulation Management
- Wound Care
- Urine Specimen Collection
- Routine Foot Care
- Wellness Check



## MEAL PLANS

### **For a nourished, fulfilling life.**

Having nourishing food has a big impact on quality of life – from the physical benefits of nutrition, to the socialization that happens while sharing a meal. At Sunflower Communities, we offer a variety of meal plan options to meet each resident's needs.

### **Food Plan Options**

Residents can choose the meal plan that best fits their daily needs. Meals will be billed according to the following rates:

- *1, 2, or 3 meals daily*
- *A La Carte/Individual Meals*
- *Dietary accommodations:*

*Guest Meals - Visitors are welcome to purchase a meal when in our communities and will be billed at A La Carte rate*

### **Meal Plans Include**

- Number of daily meals selected with package
- Meal service
- Beverages
- Afternoon/Social Snack
- Evening Snack
- Daily Water Pass

### **Alternative Options**

We know that many people have specific preferences and dietary restrictions. We always have health-friendly alternatives available that meet a variety of dietary accommodations. We encourage our residents to choose available meals and snacks that best supports their dietary needs.

### **Food Availability**

Snacks are available for purchase and accessible 24 hours per day.