Sunflower Communities

Resident Activity Calendar

Choice Living Close To Home							
SUNDAY		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1AM Spiritual Daily Prayer 1 10:30 Creative 1:00 Creative 2:30 Creative 3:45 Creative	Reading e Creations Creations Creations	2 9:30 Coffee Cart Labor day Court yard fun BBQ Lunch , Music, Games, Fun and Friends Noon—3 pm 3:30 Coloring fun-/table talk -2mc 3:30 Card games -3	3 9:30 Morning Coffee Cart /Tuesday Trivia *10:00 AC Travel— Liechtenstein history -2al *12:45 AC Travel- Liechtenstein history -2mc 1:00 Trivia Tuesday -2al *3:00 AC travel-Liechtenstein history -3 3:00 Trivia Tuesday -2mc *3:45 AC travel - Liechtenstein-history 1 4:00 Card Games-3	4 Wildlife Day 9:30 Coffee Club Cart / In the News 9:45 craft wildlife collages -2mc 11:00 craft- wildlife collages -3 1:00 Bingo -2al 1:00 Wildlife Documentary -1W 2:00 Card Games -3 2:15 craft- wildlife collages -1 3:00 Card Games -2 mc 3:15 Bible school 1w 3:45 Craft- Wildlife collages -2al	5 Cheese Pizza Day 9:30 Coffee Club cart / In the News 930- Don't break the Ice -2mc 11:00 Table talk—2al 12:45 don't break the Ice -3 1:00 Bingo -2mc 1:30 Don't break the ice-1 2:15 Sit and Be Fit 3:30 Don't break the ice -2al	6 9:30 Morning Stretches- Sit n Be Fit 9;15/10:30 Drive to woods lake -sign up 11:00 Giant Jinga -3 12:30 BINGO STORE OPEN 1:00 Movie—Sound of Music 3:00 Library cart - 3:30 Uno -2mc 4:00 Bingo -3	7 Play outside day 10:00 Morning Coffee club 12:45 Corn hole tournament -3 2:00 Corn hole tournament -2al 3:15 Corn hole tournament -2mc 4:00 Corn hole tournament -1
12:30 table talk 1:30- Si with paster J	leading //card games -2mc // card games-3 unday Service	9 Assisted living week 9:30 Manicures & Music -2al 10:30Manicures & Music -2mc 11:00 Bingo -1 12:45 Music Sing Along -2mc 1:00 Raffle Winner DQ outing (Buy tickets with Bingo Bucks) 3 winners 1:00 afternoon Walk about 1:30 Card Games -3 3:00 Sensory Overload -3 3:00 12 Step meeting 1w 3:45 Sensory overload -2mc	10 Assisted living week 11 9:30 Morning Coffee cart *9:30 A C travel- Vanduz castle -2mc *10:30 AC travel- Vanduz castle -3 12:45 Tuesday Trivia Game-1 *1:00 AC travel- Vanduz castle -2al 1:00 Sit and Be fit 1:30 DUCK HUNT -Live on 1W. 2:30 Yahtzee-3 3:15 Table talk—2mc 4:00 Trivia Tuesday games—2al *4:00 AC travel—Vanduz castle -1	11 Assisted living week 9:30 Coffee Club Cart / In the News *10:00 -Castle crafts-3 *11:00 castle crafts -1 *12:30 Castle crafts -2mc 1:00 Bingo 2al 1:30 Afternoon Walk about -ALL 2:00 Castle crafts -2al 2:30 Happy Hour—1w - 3:30 Match Games -2mc	12 Assisted living week 9:30 Coffee Club cart / In the News 9:30 Baking Muffins -2mc 10:45 Card games -1 1:00 Afternoon walk about 1:00 Bingo -2mc 2:00 Hungry Hungry Hippo -1w 2:00 classic Movie Day -3 3:45 card games -2mc	13 Assisted Living week 9:30 Morning stretches—Sit n Be fit 11:00 Bingo -3 1:00 Movie& Popcorn- DVD 2:30 Chocolate Tasting -1w 3:00 cards / dice games -2mc 3:00 board Games -1 4:00 Cards/Dice games -2al	14 Live Creative Day 10:00 Morning coffee club 10:30 Creative Creations 1:00 Creative Creations 2:30 Creative Creations 3:45 Creative Creations
15 AM Spiritual Daily Prayer 10:30 Board (12:45 Board (1:45 Board (2:45 Afternoon air break 4:00 Board ga	Reading Games –1 Games –1 walk about/ fresh	16 9:30Manicures and Music -2al 10:30Manicures and Music -2mc 11:00 Resident of the Month Lunch 12:45 -Uno -3 1:30 Afternoon walk about 1:30 Uno -2al 2:30 Sensory overload -3 3:00 Uno - 2mc 3:00 12 Step meeting 1w 3:45 Sensory overload -2	17 9:30 Morning Coffee cart /Tuesday Trivia *9:30 AC Travel Tuesday -walser museum -3 *10:30 AC Travel Tuesday -walser museum -2m 12:45 Trivia Tuesday Games- 2al *1:00 AC Travel Tuesday-walser museum *2:00 Flag Coloring Fun -2mc *2:30 AC travel Tuesday- walser museum -2al *3:00 Flag coloring Fun -3 4:00 Fresh air break	18 9:30 Coffee Club cart /In the News *9:45 craft- mideval Stained Glass craft-2mc *11:00 craft- mideval Stained glass craft-3 12:30 Canning activity -1w 1:00 Bingo 2al 2:00 afternoon walkabout *2:30 Craft- mlideval Stained glass craft-2al 3:00 Bible school 1w *3:15 Cards -mideval Stained glass craft -2mc *4:00 cards-3	19 Talk Like a Pirate Day 9:30 Coffee club cart / In the News- 9:30 Morning Stretches- Bands *10:45 Poker Game -2mc *12:45 20 questions -3 *1:00 poker game 2mc 1:30 Poker game 2mc 1:30 Poker game -1 *2:30 Poker game -3 3:00 Table Ping Pong -2al *3:45 Poker game -1 4:00 20 questions -2mc	20 String Cheese day 9:30 Morning Stretches—Sit and Be fit 9:30 crafting- Fall wreaths —2mc 10:45 Crafting—fall wreaths -2mc *11:00 learn about Lamas -3 1:00 Bingo -3 *1:00Movie Day- Frozen *3:30 Learn about Lamas -2mc 3:30 Crafting- Fall wreaths 2al *4:10 learn about lamas -1	21 9:30 Morning Coffee C 10:30-4 Outing- Mankato Pow wow 11:00 White board games-3 12:45 White board games -2mc 2:30 White board games-2al 3:45 White board games -1
1:00 Creative C	Reading Creations –2mc reations –1 Sunday Service with anelle reations –3	23 9:30Manicures & Music -2al 10:30Manicure & Music -2mc 10:30 12 step meeting 11:00 Bingo -1 12:30 Outing to the Gratto in Iowa 12:45 Goloring Fun -2mc 2:00 Sensory overload -3 2:45 Coloring Fun -2al 3:45 Sensory overload -2m	24 9:30 Morning Coffee Cart /Tuesday Triday *10:00 AC Travel— Eschnerberg trail -a2al 11:00 paper air planes *12:45 AC Travel– Eschnerberg Trail -2mc 1:00 Paper air planes -2al 1:00: AC travel— Eschnerberg Trail -1 3:00 Trivia Tuesday -2mc *3:00 AC travel eschnerberg trail -3 3:30 Paper airplanes -1 4:00 Card Games-3	25 *Renaissance Dress up Day 9:30 Coffee Club Cart / In the News 10:00 Fall crafts -2al 11:00 Fall crafts -3 12:30 Table talk—2mc 1:00 Monthly Birthday party 3:00 afternoon walkabout 3:30 Bible school 1w. 4:00 Fall Crafts-2mc	26 Pancake Day 9:30 Coffee Club Cart / in the news 9:30 Making Pancakes -3 11:00 stacking pancakes game -2mc 12:30 Fresh Air break 12:45 stacking Pancakes game-2mc 1:30 Snack attack- making pancakes1w 1:45 Stacking pancakes game -3 3:15 Resident council meeting 3:30 Stacking pancakes game-2al	27 9:30 Morning stretches -ball Toss *9:30 Alps Painting -2mc *10:45 Learn about Lamas -2al *12:30 Alps painting -1 1:00 Bingo Store Open *1:45 Movie— *3:00 Alps Painting -2al 3:15 Learn about lamas -1 4:00 Fresh air break	28 10:00 Morning Coffee club 12:30 Bingo -2al 2:15 Bingo -2mc 3:15 Bingo -1 4:15 Bingo -3
Twins Game outin AM Spiritual Ti Daily Prayer Re 10:00 Coffee Ta 12:30 Card Gam 1:45 Card Gam 3:00 Card Gam	eading	30 9:30 Manicures & Music -2al 10:30Manicures & Music -2mc 11:00 Bingo -1 12:15 Raffle Winner Movie Outing (buy tickets with Bingo Bucks) 3 winners 12:45 card games -2al 1:30 12 step meeting -1w 2:00 afternoon Walk about 3:00 Card Games -3 3:15 Sensory Overload -3 3:30 Card Games -2mc 3:45 Sensory overload -2mc		9-1 Jolene 9-7 Barb 9-14 Mark S. 9-23 Linda	Residents are welcome to join in on All activity Regardless of the location Activities are subject to change	Arm Chair travel this month we are traveling to Liechtenstein	Key 1st floor 2nd AL 2nd MC 3rd floor Outing All Floors Welcome

