

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Key 1st floor 2nd AL 2nd MC 3rd floor Outings/Meetings Includes all floors	 <i>Resident Activities</i> <i>Calendar</i>	 Sunflower Communities Choice Living Close To Home	1 9:30 Coffee & conversation 9:45 Sittercise-Video 10:00 Wednesday Bible Study 11:00 Self Care with Linda 11:00 Music Therapy –Sing Along— 12:30 Fresh Air break 12:30 Music Therapy– Sing Along– Videos 12:45 Table talk & Card Games 1:30 Wheel Chair / Walker Wash—CY 3:15 Table talk & Card Games 3:15 BINGO 3:15 Music Therapy– Sing along– Videos 4:20 Balloon Bop 4:20 Board Games 5:00 Table Assist & reminiscing (3 & 2mc)	2 9:45 Morning Coffee cart & TDIH 10:00 Moring Stretch Bands 11:15 Give It a whirl– 12:30 Nerfing Around—Target practice 12:30 Fresh Air Break/ Walk about 1:30 Nerfing around– Target practice 2:00 Give It a Whirl– 2:15 Nerfing Around– Target practice 3:00 Give it a whirl— 3:00 BINGO 4:20 Give it a Whirl 4:20 table talk & cards 5:00 table assist & reminiscing (1 & 2al)	3 9:30 Sit & Be Fit—Balloon Bop 9:30 -4th of July crafts 10:45-4th of July crafts 11:00 BINGO 12:30 Fresh Air Break / walk about 12:30 - 4th of July Crafts 1:30 Movie Matinee– 3:30 4th of July crafts 3:30 Games Galore 4:20 Games Galore 4:30 Table talk & Jokes 5:00 table assist & reminiscing (3 & 2mc)	4 Independence Day 10:00 –Saturday Morning Coffee Club 10:00 Independence Day Reminiscing / Printables 11:00 Independence Day Reminiscing / Printables 11:15 Match Game-4th of July Edition 12:30 Independence Day Reminiscing / Printables 12:30 Match Game– 4th of July Edition 1:30 Party On the Patio , Music, Games, Refreshments & Friends 3:15 Match Game—4th of July Edition 3:15 Independence Day Reminiscing / Printables 4:20 Match Game-4th of July edition 5:00 table assist & reminiscing (1 & 2al)
5 Morning coffee & Daily Prayer Reading 9:30 Morning Stretches 11:00 Bingo 12:30 Fresh air break 12:30 Afternoon table talk & games Galore 1:30 Sunday Service with Paster Janelle 2:30 Brain Games 2:30 After noon table talk & Games Galore 3:20 Brain Games 3:20 Afternoon table talk & Games Galore 4:20 Afternoon Table talk & games Galore 4:20 Brain Games 5:00 Meal assist & Reminiscing (3 & 2mc)	6 9:30 Morning Stretches– Noodle Ball 10:00 Coffee Cart & Conversation 10:00 Manicures & Music 10:45 BINGO 12:30 Manicures and Music 12:30 Fresh air break 12:30 Walk about 1:30 Monday Matinee –The Mummy 1:30 Card Games 2:30 Sensory Overload 3:00 12 Step Meeting– ALL WELCOME 3:30 Bonus BINGO 3:30 Card Games 3:45 Sensory overload 4:20 Card Games 5:00 Meal Assist & reminiscing (3 & 2mc)	7 Day of Rock N Roll 9:30 Chair Yoga –Video 10:00 Morning Coffee cart /TDIH 10:00 Junk Journaling with Tori *11:00 A/C Travel– Cairo– Capital City 11:00 Rock n Roll Trivia 12:30 Junk Journaling with Tori *12:30 A/C Travel—Cairo—Capital City 12:30 Fresh Air break/ Walk about *1:45 A/C Travel—Cairo—Capital City 2:00 Rock N Roll Trivia 2:00 Junk Journaling with Tori *3:00 A/C travel –Cario– Capital City 3:00 Rock N Roll Trivia 3:10 Junk Journaling with Tori 4:20 Joke of the Day 4:20 Table talk & Cards 5:00 Meal assist & table talk (1 & 2al)	8 National Freezer Pop day 9:30 Coffee & Conversation 9:30 Sittercise –Video 10:00 Wednesday Bible study 11:00 Book Club- 12:30 Fresh Air/Walk about 12:30 Simon Says 12:45 Table talk & Cards 1:30 Freezer Pop Tasting– Cart 1:15 Simon Says 2:00 Table talk & Cards 2:15 Bean Bang toss 3:15 BINGO 3:00 Bean Bag toss 3:00 Table talk & cards 4:20 Simon Says 4:20 Bean Bag toss 5:00 Table assist & reminiscing (3 & 2mc) 4:45 Algona party in the park 6-8	9 9:30 Morning Coffee Cart & TDIH 10:00 Library Cart 11:15 Give It a whirl – 12:30 Give It a Whirl- 12:30 Fresh Aior Break/ Walkabout 1:15 Give it a Whirl— 1:30 Crafters Corner– Painting 2:00 Give It a Whirl– 3:00 BINGO 3:15 Table talk & board games 4:20 Card games 5:00 Table assist & reminiscing (1 & 2al) 4:30-7 Giant Day Picnic under the 	10 9:30 Sit & Be Fit –balloon bop 9:30 Table talk & TDIH 11:00 BINGO 12:30 Fresh Air break/ walkabout 12:30 Nat. Geo Video– animals of Egypt & Printables 1:45 Nat. Geo Video– animals of Egypt & Printables 2:00 Table Bowling 3:00 Nat. Geo Video– animals of Egypt & Printables 2:45 Table Bowling 3:30 Table Bowling 4:20 Nat, Geo Video– animals of Egypt & printables 4:20 Table Bowling	11 10:00 Saturday Morning Coffee & Conversation 12:30 Fresh Air break 1:40 Velcro Ball Toss/AX Throwing 2:30 Velcro Ball Toss/Ax Throwing 3:15 Velcro Ball Toss/Ax Throwing 4:20 Velcro Ball Toss/Ax Throwing 5:00 Table assist & reminiscing
12 Morning Coffee & Daily Prayer Reading 9:30 Morning Stretch Bands 11:00 Bingo 12:30 Fresh Air Break/ Walk about 12:30 Table talk & Cards 1:30 Sunday Service– You tube 2:30 Table talk & Cards 2:30 Finish Lines 3:15 Table talk & Cards 3:15 Finish lines 4:20 Table talk & Cards 4:20 Finish Lines 5:00 Meal assist & Reminiscing (3 & 2mc)	13 9:30 Outing—Como Zoo –picnic lunch w/ Nagel 10:00 Coffee Cart & conversation 11:15 Puzzle Fun 12:30 Fresh air Break 1:45 Puzzle Fun 2:30 Puzzle Fun 3:00 Sensory overload 3:15 Puzzle Fun 4:00 Sensory over load 4:20 Table talk & Cards 4:20 Puzzle Fun 5:00 Meal assist & reminiscing (3 & 2mc)	14 9:30 Chair yoga –video 10:00 Morning Coffee cart / Today in History *11:00 A/C Travel— Red Sea Coast Diving 11:10 Tuesday Trivia Games *12:30 A/C Travel–Red Sea Coast Diving 12:30 Fresh Air break / walk about *1:45 A/C Travel –Red Sea Coast Diving 2:00 Tuesday Trivia Games *3:00 A/C Travel– Red Sea Coast Diving 3:00 Tuesday Trivia Games 4:20 Joke of the Day 4:20 Table talk and Puzzles 5:00 table assist & reminiscing (1 & 2al)	15 I love horses Day 9:30 Coffee & conversation 9:30 Outing—to see Horses 10:00 Wednesday Bible Study 11:00 Book Club 12:30 Fresh Air break 12:45 Table talk & Card Games 12:45 Horse Documentary Video & Printables 1:45 Monthly Birthday Party 3:15 Music Therapy—Drumming 3:15 Horse Documentary Video & Printables 3:15 Afternoon walk about 3:45 Music Therapy—Drumming 4:00 Horse Documentary & Printables 4:30 Music Therapy–Drumming 4:20 Table talk & Cards 5:00 Table Assist & reminiscing (3 & 2mc) 5:00 MN Lake Parade	16 9:30 Coffee Club & TDIH 9:30 Moring Stretch Bands 10:45 Give It a whirl—Fishing for points 11:00 Table talk & UNO games 12:30 DQ raffle winner outing 12:30 Fresh Air Break / Walk about 2:30 Give It a whirl –fishing for points 2:30 20 questions 3:15 Give it a whirl –fishing for points 3:15 BINGO 4:20 Give It a whirl –fishing for points 4:20 20 questions 5:00 table assist & reminiscing (1 & 2al)	17 Natial Tattoo Day 9:30 Morning Coffee & Jokes 11:00 Table talk & cards 12:30 Bingo Store 12:30 Stand Up Comedy on the TV 2:30 Inkless Ink & tattoo tidbits 4:20 Table talk & cards 5:00 table assist & reminiscing (3 & 2mc)	18 Horse & Buggy Day 9:30– Saturday Morning Coffee Club 10:00– Getting ready for Horse & Buggy Day Load-ing Float 10:30– Heading to Parade  11 :00 Parade Out front of B would like to watch 11-3 Horse & Buggy Day at Park– Shuttle avail. Check sign up sheet for times 4:20 table talk & cards 5:00 table assist & reminiscing (1 & 2al)
19 National Ice cream Day Morning Coffee & Daily Prayer Reading 9:30 Morning Stretches 11:00 Bingo 12:30 Fresh Air Break/ Walk about 12:30 Just for laughs– tell a joke 1:30 Sunday service with Paster Janelle 2:30 Just for Laughs– tell a joke 2:30 Ice Cream Cart - Ice-cream trivia 3:15 Just for Laugh– tell a joke 4:20just for laughs—tell a joke 4:20 Table talk & Cards 5:00 Meal assist & Reminiscing (3 & 2mc)	20 8:30– Outing– Lets Go fishing 9:30 Morning Stretch—Noodle Ball 10:00 Coffee Cart 11:00 BINGO 12:30 Fresh Air Break 12:30 Manicures and Music 12:45 Ring Toss 1:30 Ring Toss 2:00 Bonus Bingo 2:30 Ring Toss 3:00 Sensory Overload 3:00 12 Step Meeting– A:LL WELCOME 3:15 Ring Toss 3:30 Sensory overload 4:20 Trivia games 5:00 Meal Assist & reminiscing (3 & 2mc)	21 National Junk Food Day 9:30 Chair Yoga –Video 10:00Morning Coffee cart /Today In history 10:00 Junk Journaling with Tori *11:00 A/C Travel– Dahab & passports 11:00 Hang Man on the White Board *12:30 A/C Travel– Dahab & passports 12:30 Fresh Air/ Walkabout 12:30 Junk Journaling with Tori 1:30 Junk food Junkies—mingle on 1st. 2:00 Junk Journaling with Tori *2:45 A/C Travel-Dahab & Passports 2:45 Hang man on the White board 3:15 Junk Journaling with Tori 3:30 Hang man on the white board 4:20 A/C travel– Dahab& Passport 4:20 Hang man on the white board	22 9:30 Coffee & conversation 9:30 Sittercise– video 10:00 Wednesday Bible Study 11:00Book Club 11:00 White board games –Hang Man 12:30 Faribault Co. Fair Outing 4:20 Table talk & Cards 5:00 Table assist & reminiscing (3 & 2mc)	23 National Refreshment Day 9:30 Morning Coffee Club 9:30 Library Cart 11:00 Give It a Whirl- 11:00 Table talk & Card Games 12:30Give it a Whirl— 12:30 Party on the patio– Refreshments & Music 2:45 Give it A whirl— 3:00 Bingo 3:30 Give it a Whirl - 4:20 Match Games 4:00– Outing– Papa Greezy on fountain in 5:00 Table assist & reminiscing (1 & 2al)	24 9:30 Morning Coffee & Conversation 9:30 Fairbault co. Fair outing 11:00 BINGO 12:30 Fresh air break /walk about 1:30 Putt Putt golf 2:30 Movie Matinee –The Mummy 3:30 Putt Putt golf 3:30 Table talk & Dice games 4:20 Putt Putt golf 5:00 table assist & reminiscing (3 & 2mc)	25 10:00 BINGO 10:00 Saturday Morning Coffee Club 11:15 Crafting –Christmas Decorations 12:30 Fresh Air Break 12:30 Crafting– Christmas Decorations 1:45 Crafting– Christmas Decorations 2:00 Nerfing around—Target practice 2:45 Nerfing around–target practice 3:00 Crafting– Christmas Decorations 3:30 Nerfing around-target practice 4:20table talk & cards 5:00 table assist & reminiscing (1 & 2al)
26 Morning Coffee & Daily Payer Reading 9:30 Sunday Morning stretches 11:00 Bingo 12:30 Crafters Corner 12:30 Fresh air break /walk about 1:30 Sunday Service– You tube 2:00 I spy Game 2:00 crafters corner 2:45 I spy game 3:00 Crafters corner 3:30 I spy Game 4:20 Crafters Corner 4:20 I spy Game 5:00 Meal assist & Reminiscing (3 & 2mc)	27 9:30 Morning Stretch—Noodle ball 10:00 Coffee Cart 10:00 Self Care with Linda 11:00 Bingo 12:30 Fresh Air break 12:30 Hydration Cart & printables 12:30 Self Care with Linda 2:00 White board games- 2:00 Table talk & Cards 2:45 White board games 3:00 Table talk & Uno 3:00 12 Step meeting ALL welcome 3:15 Bingo 3:20 White board games 4:20Table talk & cards 5:00 Meal assist & reminiscing (3 & 2mc)	28 9:30 Morning Coffee cart /Today In History 9:30 Chair Yoga –Video *11:00 A/C Travel– Aswan & The Nile 11:00 Table talk & Cards *12:30 A/C Travel—Aswan & the Nile 12:30 Fresh Air break / walk about *1:45 A/C Travel—Aswan & The Nile 2:00 Table talk & Cards 2:15 Crafters Corner– sticker art 3:00 BINGO 3:30 Crafters Corner– Sticker Art 4:20 Table talk & Cards 4:20– Joke N' Around 5:00 Table Assist & reminiscing (3 & 2mc)	29 9:30 Coffee & conversation 9:45 Sittercise-Video 10:00 Wednesday Bible Study 10:30 Self Care with Linda 11:00 Book Club 12:30 Out for a Summer Drive 12:45 Table talk & Card Games 1:30 Hydration Cart & TDIH 1:45 Self Care with Linda 2:15 Crafters Corner– sticker art 3:00 BINGO 3:30 Crafters Corner– Sticker Art 4:20 Table talk & Cards 4:20– Joke N' Around 5:00 Table Assist & reminiscing (3 & 2mc)	30 National Chili Dog Day 10:00 Morning Coffee cart & TDIH 10:00 Morning Stretch Bands 11:15 Give It a whirl– 11:15 Table talk & Card Games 12:30 Fresh Air Break/ Walk about 12:30 Give It a whirl - 1:30 Give It a whirl 2:00 Nerfing Around—Target practice 2:30 Give it a Whirl 2:45 Nerfing around– Target practice 3:00 BINGO 4:20 table talk & cards 5:00 table assist & reminiscing (1 & 2al)	31 9:30 Sit & Be Fit—Balloon Bop 9:30 Morning coffee & conversation 11:00 BINGO 11:00 AX throwing 12:30 Fresh Air Break / walk about 12:30 AX throwing 1:30 Movie Matinee– Resident choice 3:30 AX throwing 3:30 Joke n' around 4:20 AX throwing 5:00 table assist & reminiscing (3 & 2mc)	Happy Birthday 07/03– Mary Sue 07/06– Dianna Arm Chair Travel this Month we are traveling to Egypt Residents are welcome to join all activities regardless of location