

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Key 1st floor 2nd AL 2nd MC 3rd floor Outings/Meetings Includes all floors Residents are welcome to join all activities regardless of location All activities are subject to change	Happy Birthday 10/2– Sonya 10/2 John R. 10/17 Micheal P.  			1 National Homemade cookie day 9:30 Morning Coffee cart & TDIH 9:30 Morning Stretch Bands 10:45 Baking- Home made cookies 11:00 Give It a whirl– 12:30 Fresh Air Break/ walk about 12:30 Give It a whirl - 1:30 Give It a whirl 2:00 Baking– Home made cookies 2:15 Give it a Whirl 3:00 BINGO 3:30 Match Game 4:20 Ring toss 5:00 table assist & reminiscing (1 & 2al)	2 9:30 Sit & Be Fit—Balloon Bop 9:30 Morning coffee & conversation 11:00 BINGO 11:00 AX throwing 12:30 Fresh Air Break / walk about 12:30 AX throwing 1:00 Homeschools Talent show –1w 2:30 AX throwing 2:30 Joke n' around 4:20 AX throwing 4:20 Table talk & Cards 5:00 table assist & reminiscing (3 & 2mc)	3 9:30 –Saturday Morning Coffee Club 9:30 Morning stretches—Drumming 11:00 Self care with Linda 11:00 Table talk & Cards 12:30 Self care with Linda 12:30 Fresh Air Break/ Walk about 2:00 Hydration Cart & Printables 2:30 Self care with Linda 3:00 Table talk & Cards 4:20 Brain Games 4:20 Table talk & Cards 5:00 table assist & reminiscing (1 & 2al)
4 Morning coffee & Daily Prayer Reading 9:30 Morning Stretches 11:00 Bingo 11:00 Brain Games 12:30 Fresh air break 12:30 Afternoon table talk & games Galore 1:00 Special Olympics bowling group 1:30 Sunday Service Video/ Bible study 2:30 Brain Games 2:30 After noon table talk & Games Galore 3:20 Brain Games 3:20 Afternoon table talk & Games Galore 4:20 Afternoon Table talk & games Galore 4:20 Brain Games 5:00 Meal assist & Reminiscing (3 & 2mc)	5 9:30 Morning Stretches– Noodle Ball 9:30 Coffee Cart & Conversation 10:45 BINGO 11:00 Self care with Linda 12:30 Fresh air break/ walkabout 1:00– Tractor Talk & Coffee on 1E. 2:00 Match Game 2:30 Fall Scenic Drive - 2:45 Match Game 3:20 Match Game 4:00 Table talk & Cards Games 4:00 Brain wake 4:20 Table talk & Card Games 5:00 Meal Assist & reminiscing (3 & 2mc)	6 MadHater Day 9:30 Chair Yoga –Video 9:30 Morning Coffee cart /TDIH *11:00 A/C Travel– Bucharest– old town 11:00 Tuesday Trivia Games *12:30 A/C Travel– Bucharest– old town 12:30 Fresh Air break/ Walk about 1:30 mAdHater TeA PaRty *3:00 A/C Travel– Bucharest– old town 3:00 Tuesday Trivia Games *3:45 A/C travel – Bucharest– old town 4:20 Topple game 4:20 Table Talk & Board Games 5:00 Meal assist & table talk (1 & 2al)	7 9:30 Coffee & Conversation 9:30 Sittercise– video 11:00 Wednesday Bible study 11:00 Crafts– Halloween 12:30 Fresh Air/Walk about 12:30 Crafts– Halloween 12:30 Strategy Games 1:45 Crafts– Halloween 1:45 Strategy Games 2:00 Tractor Talk 3:00 Crafts– Halloween 3:00 BINGO 3:15 Strategy Games 4:15 Finish lines 4:20 Table talk & Cards 4:20 Table talk & Dice games	8 9:30 Morning Coffee Cart & TDIH 9:30 Library Cart 11:00 Give It a whirl – 11:15 Brain Games 12:30 Fresh Air break 12:30 Brain Games 1:00 DQ Raffle Winners Outing 2:00 Give it a Whirl- 1:45 Brain Games 3:00 Give It a Whirl– 3:00 BINGO 4:20 Table talk & board games 4:20 Brian Games 5:00 Table assist & reminiscing (1 & 2al)	9 9:30 Sit & Be Fit –balloon bop 9:30 Table talk & TDIH 10:00 Outing– Goofy Goat Farm & Picnic 2:30 BINGO 2:00 Inspirational Reading circle 2:40 Inspirational Reading Circle 3:00 Fresh air break 3:15 Inspirational Reading circle 4:20 Puzzle Fun 4:20 Table talk & cards 5:00 table assist & reminiscing (3 & 2mc)	10 10:00 Saturday Morning Coffee Club 10:00 Peaceful Minds 11:00 Morning Walk about 11:00 Peaceful Minds 12:30 Fresh Air break 12:30 Peaceful Minds 1:30 Junk Journaling with Tori 1:30 Table talk & card 2:15 Junk Journaling with Tori 2:30 Table talk & Cards 3:00 Junk Journaling with Tori 4:20 Junk Journaling with Tori 4:20 Table talk & Cards 5:00 Table assist & reminiscing
11 Morning Coffee & Daily Prayer Reading 9:30 Morning Stretch Bands 11:00 Bingo 11:00 Finish Lines 12:30 Fresh Air Break/ Walk about 12:30 Table talk & Cards 1:00 Special Olympics bowling group 1:30 Sunday Service– paster Janelle –1w 2:45 Table talk & Cards 2:45 Finish Lines 3:15 Table talk & Cards 3:15 Finish lines 4:20 Table talk & Cards 4:20 Finish Lines 5:00 Meal assist & Reminiscing (3 & 2mc)	12 9:30 Morning stretch— 9:30 Manicures & Music 10:00 Coffee Cart 10:45 BINGO 10:45 Outing– The Red Rock Center—Music & Lunch 12:30 Fresh air break/ walk about 12:30 Manicures & Music 2:00 Finish Lines 2:30 Finish Lines 3:00 Sensory overload 3:00 Finish Lines 3:15 Remote Controlled Car Races 3:30 Finish lines 4:00 Remote Controlled Car Races 4:00 Sensory over load 4:20 Table talk & Dice Games 4:20 Table Talk & Card Games 4:30 Remote controlled car races 5:00 Meal assist & reminiscing (3 & 2mc)	13 9:30 Chair yoga –video 9:30 Morning Coffee cart / Today in History *11:00 A/C Travel—Cluj-Napaca & Hoia Forest *12:30 A/C Travel Cluj Napaca & Hoia Forest 12:30 Fresh Air break 12:30 Tractor talk 1E. *1:45 A/C Travel – Cluj Napaca & Hoia Forest 1:45 Scarbble with Friends 2:00 Science Experiment *3:00 A/C Travel–Cluj Napaca & Hoia Forest 3:00 Science experiments— 3:15 Scarbble with friends 4:20 Science Experiments– 4:20 Tuesday Trivia Games 5:00 table assist & reminiscing (1 & 2al)	14 Flu Clinic today 9:30 Coffee cart & Daily Devotion 9:30 Sittercise—Video 10:30 Flu Clinic — *11:00 Net Geo Video– Animals of Roman 12:30 Fresh Air Break *12:30 Net Geo Video– Animals of Romania *1:45 Net Geo Video– Animals of Romania 2:00 Crafting–Key chains *3:00 Net Geo Video– Animals of Romania 2:45 BINGO 3:30 Crafting– Key chains 4:20 Crafting–Key chains 4:20 Table talk & Cards 5:00 Table assist & reminiscing (3 & 2mc) 5:00 Bible Study with Paster Janelle– Elmore UMC	15 9:30 Coffee Club & TDIH 9:30 Morning Strech– 11:00 Give It a Whirl 11:00 TV time– The cursed History of Sibiu Romania 12:30 Fresh Air Break / Walk about 12:30 Give It a whirl 1:30 Give it a whirl 2:00 TV time– The cursed History of Sibiu Romania 2:30 Give It a whirl 3:15 TV time–The cursed History of Sibiu Romania 3:15 Ax Throwing 4:20 Table talk & cards 5:00 table assist & reminiscing (1 & 2al)	16 9:30 Morning Coffee & Cartoons 9:30 Putt Putt Putting 11:00 BINGO 11:00 Table Talk & Dice Games 12:30 Fresh air/ Walk about 12:30 Story Time—Reading together 1:30 Movie Matinee –Resident Choice 3:30 Story Time—Reading together 3:30 Table talk & Dice games 4:20 Table Talk & Dice Games 4:20 Story Time _ Reading Together 5:00 table assist & reminiscing (3 & 2mc)	17 9:30 Saturday Morning Coffee Club 9:30 Balloon Bop 11:00 BINGO 11:00 Outing 12:30 Fresh Air Break 2:30 BINGO 2:30 Crafting—Fall Collages 3:30 Crafting– Fall Collages 4:20 Puzzle Fun 4:20 Table talk & Cards 5:00 table assist & reminiscing (1 & 2al)
18 Morning Coffee & Daily Prayer Reading 9:30 Morning Stretches 11:00 Bingo 11:00 Just for laughs—tell a joke 12:30 Fresh Air Break/ Walk about 12:30 Just for laughs– tell a joke 1:00 Special Olympics bowling group 1:30 Sunday service Video/Bible Study 2:30 String Cheese Pull and Tidbits 2:45 Just for Laughs– tell a joke 3:15 Just for Laugh– tell a joke 3:30 Cards & conversation 4:20 Connect four 4:20 Cards & Conversation 5:00 Meal assist & Reminiscing (3 & 2mc)	19 9:30 Morning Stretch—Noodle Ball 9:30 Manicures & music 9:30 Coffee Cart & Conversation 10:45 BINGO 11:00 Self Care with Linda 12:30 Fresh Air Break 12:30 Manicures and Music 12:30 Self care with Linda *1:30 Monday Matinee– Wednesday 3:00 Sensory Overload 3:00 12 Step Meeting– ALL WELCOME 3:00 Ring Toss & Rock n' Roll 3:30 Sensory overload 3:30 Table talk& Cards 4:20 Table talk & Cards 4:20 Table talk & cards 5:00 Meal Assist & reminiscing (3 & 2mc)	20 9:30 Chair Yoga –Video 10:00 Morning Coffee cart /Today In history *11:00 A/C Travel-Sibiu– Medieval town & passports 11:00 Crafts– Halloween Prep. *12:30 A/C Travel–Sibiu– Medieval town & passports 12:30 Fresh Air/ Walkabout 1:00 Movie Matinee- Back to the Future 2:00 Crafts– Halloween Prep *2:50 A/C travel-Sibiu-Medieval town & Passports 3:00 Crafts–Halloween Prep 4:20 Tuesday Trivia Games 4:20 Table talk & Cards 5:00 Meal assist & table talk (1 & 2al)	21 Back to the Future Day 9:30 Coffee cart & Daily Devotion 9:30 Sittercise—Video 11:00 Crafts– Painting *11:00 white board games 12:30 Crafts– Painting 12:30 Fresh Air Break *12:30 white board games 1:00 Movie Matinee- Back to the Future 3:00 BINGO 3:00 Crafts– Painting 3:00 Afternoon Walk about 4:00 Crafts– Painting 4:20 Table talk & Cards 4:20 white board games 5:00 Table assist & reminiscing (3 & 2mc) 5:00 Outing– Wednesday warriors	22 9:30 Morning Coffee /TDIH 9:30 Morning Stretch- 11:00 Give It a Whirl- 11:00 Table talk & Cards 12:30 Fresh Air/ Walk about 12:30 Table talk & Cards 1:30 October Birthday Party –1W 1:30 Resident Council meeting 3:00 Give it a Whirl— 3:00 Table talk & Cards 3:30 Give it a whirl— 4:20 Ax Throwing 4:20 Brain Games 5:00 Table assist & reminiscing(1 & 2al)	23 9:30 Morning Coffee & Conversation 9:30 Morning walk about 11:00 Table top Bowling 11:00 One Hit Wonder Music Bingo 12:30 Fresh air break /walk about 12:30 One Hit Wonder Music Bingo 1:30 Bingo Store Open 1:30– Movie Matinee & Popcorn 1W. 3:30 Table top Bowling 3:30 One Hit Wonder Music Bingo 4:20 Table top Bowling 4:20 Music Trivia 5:00 table assist & reminiscing (3 & 2mc)	24 9:30 Saturday Morning Coffee Club 9:30 Table talk & Uno 11:00 Peaceful minds with Johnny 11:00 Crafting –Christmas Decorations 12:30 Fresh Air Break 12:30 Crafting– Christmas Decorations 1:45 Crafting– Christmas Decorations 2:00 Table talk & Uno 3:00 Crafting– Christmas Decorations 3:00 Peaceful Minds with johnny 4:20 table talk & Uno 4:20 Peaceful Minds with Johnny 5:00 table assist & reminiscing (1 & 2al)
25 Morning Coffee & Daily Payer Reading 9:30 Sunday Morning stretches 11:00 Bingo 11:00 Finish Lines 12:30 Crafters Corner-Christmas Crafts 12:30 Fresh air break /walk about 1:00 Special Olympics bowling group 2:00 I spy Game 2:00 crafters corner –Christmas Crafts 2:45 I spy game 3:00 Crafters corner –Christmas Crafts 3:30 I spy Game 4:20 Crafters Corner-Christmas Crafts 4:20 I spy Game 5:00 Meal assist & Reminiscing (3 & 2mc)	26 9:30 Morning Stretches– Noodle Ball 9:30 Coffee Cart & Conversation 9:30 Manicures & Music 10:45 Bingo 10:45 Self care with Linda 12:30 Fresh Air break 12:30 Manicures & Music 12:30 Self Care with Linda 1:00 Monday Matinee– Cold Mountain 2:00 Table talk & Uno 3:00 12 Step meeting ALL welcome 3:00 Table talk & Uno 4:00 Tackle Talk - 4:20 Paper Airplanes races 4:20 Table talk & cards 5:00 Meal Assist & reminiscing (3 & 2mc)	27 9:30 Morning Coffee cart /Today In History 9:30 Chair Yoga –Video 9:30 Nerfing Around –Duck Hunting 10:30 Nerfing Around –Dunk Hunting 11:00 Table talk & Board games *11:00 A/C Travel– Romania The most misunderstood country in Europe *12:30 A/C Travel–Romania the most misunderstood country in Europe 12:30 Fresh Air break / walk about 12:30 Nerfing around –Duck Hunting 1:30 Movie Matinee-Practical Magic *3:30 A/C Travel–Romania the most misunderstood country in Europe 3:30 Nefring around –Duck hunting 4:15 A/C Travel– Romania the most misunderstood country in Europe 4:20 Tuesday Trivia Games 4:20 Afternoon walk about 5:00 table assist & reminiscing (1 & 2al)	28 Chocolate Day 9:30 Coffee & conversation 9:30 Sittercise-Video 11:00 Wednesday Bible Study 11:00 Brain Games 12:30 Fresh Air Break 12:30 Table talk & Games Galore 1:30 Midweek Mingle– Choc. Galore 3:00 BINGO 3:00 Table Talk & Games Galore 4:20 Table talk & Games Galore 4:20 Brain Games 5:00 Table Assist & reminiscing (3 & 2mc) 5:00 Bible Study with Paster Janelle– Elmore UMC	29 9:30 Morning Coffee cart & TDIH 10:00 Morning Stretch Bands 11:00 Checkers 11:15 Give It a whirl– *12:30 Scenic Drive—Roadtrip Bingo 12:30 Give It a whirl 1:30 Give It a whirl 2:00 Checkers 2:30 Give it a Whirl 3:00 Checkers 3:00 BINGO 4:20 Ax Throwing 4:20 Checkers 5:00 table assist & reminiscing (1 & 2al)	30 9:30 Morning Coffee & Cartoons 9:30 Putt Putt Putting 11:00 BINGO 11:00 Table Talk & Dice Games 12:30 Fresh air/ Walk about 12:30 Spooky Story Time—Reading together 1:30 Halloween Dress Up Party!! 3:30 Spooky Story Time—Reading together 3:30 Table talk & Dice games 4:20 Table Talk & Dice Games 4:20 Spooky Story Time _ Reading Together 5:00 table assist & reminiscing (3 & 2mc)	31  9:30 Saturday Morning Coffee Club 9:30 Balloon Bop 11:00 BINGO 12:30 Fresh Air Break 12:30 Halloween Trick Or Treat Walk Prepping 3:30-5:30– Children will be coming to Trick or Treat. Please come Down to see the kids and help pass goodies